

Catechism

Q1. What are Sacraments?

A. The sacraments are commanded by Jesus. They are signs through which God blesses us with spiritual life and encourages our faith by His grace.

Q2. How many Sacraments are there?

A. Only two, Baptism and Holy Communion (also known as the Lords Supper)

Q3. What is Communion?

A. It is a meal of bread and wine shared by God's people as an act of remembrance.

Q4. Who should receive it?

A. Jesus invites all publicly professing Christians who are baptised and in unbroken fellowship with their church family.

Q5. How should it be received?

A. It should be received by faith, trusting God and His promises.

Q6. What does it symbolise?

A. The bread symbolises Jesus' body broken for us. The wine symbolises Jesus blood shed for the forgiveness of our sins.

Q7. What does it do in us spiritually?

A. Paul tells us (1 Cor. 10:15-17), as we eat and drink the bread and wine by faith, so we express our union with Jesus and are united with our church family.

Q8. Do we really eat Jesus body and drink His blood?

No, we don't eat his physical body and blood. The bread and wine are symbols. The way we truly 'participate' in the life of Jesus is through faith in His flesh and blood.

Catechism Notes

How to use this Catechism?

One way to use this catechism would be to learn the questions one a day in the run up to a Holy Communion service. You will get the most out of it by discussing the meaning of the question and answers, rather than simply memorizing them. Do encourage questions and conversation from your children. The Bible passages below show where the answers are rooted in scripture.

Q1. What are Sacraments?

A. Matthew 28:19, Luke 22:19, Romans 6:41 Peter 3:21, 1 Corinthians 10:16

Q2. How many Sacraments are there?

A. Matthew 28:19, Luke 22:19

Q3. What is the Lord's Supper?

A. 1 Corinthians 11:20-34

Q4. Who should receive it?

A. 1 Corinthians 11:27-34

Q5. How should it be received?

A. Romans 4:16

Q6. What does it symbolise?

A. Matthew 26:26-28

Q7. What does it do in us spiritually?

A. 1 Corinthians 10:16-17

Q8. Do we really eat Jesus body and drink His blood?

A. 1 Corinthians 10:16-17, John 6:53